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# Game NFARKT Rulers

Your job and your family and home are irreconcilable enemies fiercely fighting for you time and patience. Consequences of your nightlife, laziness and other sins may only hardly be counterbalanced by your very limited sport activities and random tries to live in a healthier way. Moreover, you keep facing unpredictable disasters, annoyance, parties and visits of your relatives ...

# Game setup

**Events** designated position depending on the number of players. The picture Prepare the game as shown in the picture. shows the board configured for four players. Event positions for event The event cards represent what destiny has prepared for your piece. Be it The game board A pile of coins 🚱 cards. Their number is an exciting lottery win or unpleasant conflicts in the workplace, they will Money can buy almost always higher by one always affect in some way your health, financial standing, family relations The game board represents everything (in this game). compared to the number or career. Optimists call such events opportunities, pessimists take them as places where your life takes of currently playing players. blows of fate. And how about you, what will you call them? place. (1)Place reserved for used event cards pile. Pharmacy Supermarket Drug package **Goods** package In the *pharmacy*, you can buy In the *supermarket*, you drugs to recover your frail can buy various goods: health Place reserved for used 136 food, beverages, tabacco. drug package. Place reserved for used drug pile. -10 -11 Place reserved for used +1 -26 Flea market goods pile. -11 -28 -26 All discarded goods cards Three goods cards and go here (even from other one drug card face up Both goods and drugs may be locations). If the goods purchased on the flea market. package is depleted, -16 ୧ 🗰 shuffle all discarded **≵1** +169 A) +1 -10 goods cards and form The beginner player B) +2 -20 piece should be given a new goods package. **≠2**∎06 to the player who was -1 & AN TO BO PARTY **₹3**-10 CBG ill last time.

#### Every player will be given:

- a player's card and 6 chips health indicators showing his/her current health condition. At the beginning of the game, all health indicators show zero.
- three pieces in the player's assigned colour
- 1 S and one randomly drawn *drug* card + one *goods* card. The player will put the cards on the table in front of him/her face up. All cards and money are always uncovered in this game!

If 3-4 players play the game, the third player (in order) will get 1 S more. If 5 players are playing the game, the third player (in order) will get 2 S more and the fourth 1 S more. You may find it odd, but that's the way it is. For the rules for a two-player game see the addenda.

No, it is not your life but what you are going to

experience when playing the game. In order to

avoid any further misunderstanding, look at

the bubbles. What we could not compress in

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the bubbles you can find at

That 's it. The game is ready. Now, let 's look at the basic principle of the game.

### The basic principle of the game

The basic principle of the game resides in the improvement and deterioration of your health condition depending on what events you face.

You can see your health condition on your player´s card where you have your individual health indicators.

You will identify changes based on icons as on the cards or on the game board.

For instance: +2 • means move your blood pressure up by 2 points towards the grave symbol.

A small example: The figure indicates a player has problems with his/her blood pressure (value 6) and obesity (value 5). All other health conditions are OK.

He/she experiences and unpleasant event – an diarrhoea. On one hand, it helps the player to get off some extra weight -1 (the obesity value drops from 5 to 4) but it naturally affects the mental condition +3 (the depression rises from 0 to 3).

As you can see, it's simple. If any provision of the rules reads "execute the effect of the card" it simply means – move the indicators according to symbols as on the card.

Warning of the publisher: We cannot exclude a positive impact on your lifestyle.

Just like you, we too love extensions. That is why we have added them right to the basic set of the game. We have prepared five such extensions for an advanced version of the game. But for the moment, let us describe the basic version of the game. An 10 +10 10 10 +10 10 10 +10 10 +10 10 +10 10

The rules of the game are simple. It is designed for 2 to 5 players. You will find in the game, in addition to humour and interaction among the players, a whiff of chance and an adequate measure of strategy. It is about how to survive in a consumers society with all its snares. The winner is the player who can best cope with all

I don't know how it works with you, but for me this sentence means that one of us will pour out all items on the table

and, meanwhile he/she tries to find all items fallen below the table, the other player fixes the game on the table. The

third player makes it all more difficult by trying to help them. In the meantime, the fourth player stares at the game rules

trying to understand it before the other players can prepare the game and it is sure not to be free of conflicts in particular

when he/she requires the rules to be turned to the next page. As you could clearly understand, the higher number of

players, the more fun. Should there be any meticulous person among the players insisting on the checking of the correct

number of all game items, we have an excellent news for you: at the end of the rules, there a list of such items provided.

Event package - shuffle the event cards and place them on the

mental and physical threats of an average day.



put them aside.

Moreover, the player has to go to his/her office (as he/she needs money +3) and it will worsen his/her depression by 2 points to the dangerous level of 5.



His/her decides to improve his mood somewhat by having some beer  $(-1 \ 1 + 1 \ 1)$  but his/her obesity reaches the hazard limit, again. Should any of the indicators reach the grave symbol, the player dies and leaves the game. He/she can die of anything, except obesity.

None of the indicators can be lowered to less than zero and increased to more than 10. Example: Your diabetes value is 1 and you have to lower it by 2, so you will move your indicator from 1 to 0. The remaining part of the effect will be forfeited and it cannot be saved for later in any event.



# General overview of the game

The game is divided into rounds. The procedure of every game round is as follows:

- 1. **Events** the players one by one take a card from the set of events and execute the instruction. Then the chip of the first player is given out.
- 2. **Placement of pieces (action planning)** the players simultaneously place their 3 pieces on the game board.
- 3. **Execution of actions** the players gradually execute the chosen actions.

4. Termination of the round

The rounds keep repeating until only one player remains alive – he/she is the winner.

#### 1. Events

The beginning player will put on the *Event positions* a number of cards that is higher by one than the number of the active players. The cards should be laid face up. The players play one by one.

The currently playing player will draw one of the remaining offered events and immediately execute the effects of the instruction it contains.

After all players have chosen cards and executed the instructions, the beginning player will hand over the beginner's chip to the next player respecting the game direction (this way, he/she determines the new beginning player for the next parts of the round). The last remaining event card will be moved to the discarded pile. The players keep used event cards.

#### 2. Placement of pieces (Planning of actions)

Every player deploys his/her 3 *pieces* to 3 different places.

The players deploy their pieces at the same time (not waiting for others). The following places are available: Job, Supermarket, Pharmacy, Flea market, Home and Fitness centre. Several pieces of several players may be placed at the same place but never several pieces of the same player.

Sometimes, the player's choice of locations may be limited. If, for instance, he/she has picked a bank holiday, he/she cannot go to his/her office (see the annex with special cards). After all players have completed their planning, you can start with the execution of the actions.

### 3. Execution of actions

The players play one after the other. The currentlyplaying player executes his/her planned actions in any order whatsoever. That means that the player:

- 1. chooses one of his/her pieces.
- 2. executes actions allowed to him/her by the location visited.
- 3. takes the piece back and repeats the procedure with other pieces.

**Office.** Although the job will earn you 3 (5), why work if it makes you suffer +2 )?

An action is what is inside one black rectangle. +3 3 +2 3Sometimes one, sometimes several actions. The action must be performed fully not partially (for instance to take the money at your office but leave the depression). The action is not obligatory but once you decide to execute it, you have to execute it in its entirety.

A pharmacy is a paradise of all ill people and hypochondriacs. You can get here 1 *drug* from the *drugs pile* for 2 ③. The drugs are not cheap but bring you an enormous benefit: You can use them any-time during the game, even when you are not moving without any special action. You simply report "I am going to use my drug", you execute its effect and you put away the drug on the *discarded drug pile*.

Fitness. You are working hard in there. It is a place where you improve your physical condition, your mood and self-confidence depending on your financial standing and the number of hours you can afford.

For 1 🚱 you will get -1 🖥 -1 👌 for 2 🚱 even -1 🍍 -2 👌

Where options A), B) are available, choose just one of them. Make your choice as late as when executing the action not during the planning. For instance: A) -1 (3 -1 (1 -1 (3 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (3 -1 (1 -2 (1

"One by one" means that the first player (the player possessing the beginning player chip) starts playing followed by his/her neighbour at the table and so on until the last one. We recommend settling the basic cultural differences concerning the direction of the game (clockwise / counterclockwise) prior to the beginning of the game.

Always lay out one more card than the number of active players (that means excluding those who have already died,simply those who are still actively involved in the game).. If you like to have things clearly arranged, move the event pile at every death to the left depending on the current number of active players. This way you will have the right number of layout places left for the pile. But it's up to you.

The cards we keep for ourselves will serve as a small personal diary, CV, log or whatever you may call it. At the end of the game it may be fun to read the sequence of your life events and to wryly comment on its vicissitudes.

Why do we call it "planning"? The piece at any location will make it possible for the player to execute a specific action later on. In this phase of the game, we just choose what (actions) we will execute later on. Therefore we use the word planning.

The pieces are deployed at the same time. If you play with people who prefer to carefully calculate every move in advance, you may agree on step-by-step planning, but it will make the game much slower. It all depends on your mates – we always play at the same time and if someone keeps us waiting we take a creative approach to address it.

The order of actions is sometimes irrelevant but sometimes it may matter. For instance, first you go to your office, you buy some goods for the money earned and in the same round you may invite others to a party.







Supermarket. In the supermarket, you can stock up with food to prepare some delicious meals, or to invite your neighbours to a party. You may:

- do a standard shopping you may buy one (A) or two (B) cards from the *goods pile*, the price of each is 1 (S).
- fall victim to a shopping frenzy (C) +1<sup>a</sup> and -2 <sup>c</sup>. Check the 3 upper cards as in the goods pile, keep 2 of them and return the remaining 1 to the *goods pile* face down.

The little icon 🗻 means the acquisition of a card from the respective pile. The icon 🕥 means the choice of 2 cards from 3.

Flea market. In the Flea market you can get both *drugs* and *goods*. The cards are not purchased in here but traded. What can be traded are goods for goods and drugs for drugs. The level of benefit depends on how many cards you have traded. The following three options are available to you:

- A) You may trade one card for another of your own ones it is actually a beneficial deal as you will earn 1 (S).
- B) You may trade two cards for two of your own cards. This transaction is not as advantageous but, at least you do not have to pay anything.
- C) You may trade three cards. This is more demanding as to money as you will have to pay 1 So.

Should the deal be not attractive for you, the stallholder will change it for you. Put away your cards and draw another three *goods* cards and two *drug* cards. Choose one of the two drug cards and place it on the Flea market and put away the other one. As long as you have money, the stallholder will keep changing the offer for you - it may be repeated several times.

The exchange and trading cannot be combined. Once you have started trading, changing is not admissible any further.

**Home.** Should you decide to spend some time at home, you may recover (-1 ) and have some time for yourself or invite your friends to a party. You may decide:

A) either to prepare some food for yourself – **choose two goods cards with various symbols** (e.g. *food* and *beverages*) and execute the required effects of both cards on your *player's card*.

B) or to invite your closest neighbours to a party and serve them some dainties. Again, you will need two goods cards with different symbols – for instance *beverages* and *tobacco* products. Both neighbours will execute the effects of the chosen cards on their *player's card*.

Put away used cards. Caution! An invitation to a party cannot be turned down.

When preparing a meal for yourself, choose something healthy (green goods) although a cigarette may keep your depression down. But if you invite friends to a party, have no mercy at all – give them typical party food (red cards or tobacco products). When serving at a party, do it properly and with due care: read the cards to your guests in sequence, announcing the name of every card separately and reading its effect, while waiting for its execution by the others. Detailed comments on the preparation of your food are of course welcome. Those who combine the effects in advance and do not announce the names of the cards in order to speed things up, may save a few seconds but are sure to lose lots of fun.

#### Completing the round

At the end of the round, you have to check all the players' cards because they may experience a spontaneous deterioration of their health condition. Increase the *indicator* values according to respective icons on the *player's card*.

#### The next round follows. Death and end of the game

If at anytime (including during the round) any of the *indicators* reaches the grave symbol, the player dies and the game is over for him/her. All players have to contribute 1 3 for a decent burial. Should anyone be completely insolvent and be so not able to provide his/her funeral contribution, he/she suffers +1 as he/she could not honour his/her friend on his way to the grave.

Should any of the players die in the course of a party, all players present will suffer from a shock +1  $\frac{1}{2}$ . The player organising this grim party will be assigned even +2  $\frac{1}{2}$ .

The game ends at the moment when one only player remains alive. He/she is the winner.

Now you know all the important rules of the game, so get started!



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The Flea market does not have

any drawing and discarded card

pile. Use respective the piles of

the pharmacy and supermarket

(that means take drugs from the

pharmacy and goods from the

supermarket and put the cards on

*i* i

the respective discarded piles).

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Please note, that -1 👌 is provided

in a separate rectangle, meaning it is a separate action. You may thus

reduce your depression while not

No matter whether you choose

option A) or B) at home, you

always need a combination of

two goods cards with different

symbols. You cannot use just one

then increase

+1

+1 💙

+2

+3

+1

+1 🚵

choosing either A)or B).

separate card!

Spontaneous health condition deterioration:

the value is

7 or more

7 or more

5 or 6

7 or more

5 or more

5 or more

What is vital are the **starting** values prior to the spon-

taneous rise – if your blood cholesterol content value is 7

and your blood pressure is 6, you execute just +1 , but

not +1  $\heartsuit$  as the starting value of the blood pressure

Under extremely favourable circumstances, a collec-

tive or chain death may occur. For instance two dead players at a party mean + 4 of for the organising

You have to complete every ongoing action. If all the play-

ers die during such an action, all of them are winners.

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8

8

63

was 6 (although it is now 7).

player and this may kill him/her, too.

+13

### An overview of special events

In addition to standard effects, some of event cards involve other special effects. These are listed below:



Should the Refrigerator be broken, you lose all food and beverages (cigarettes will survive this event - we at least do not keep tobacco products in the fridge).

You've been robbed - - the perpetrators were apparently a bunch of cool dudes, as they stole all your drugs and tobacco products.



As you have a Paid leave, you cannot go to your office in this round.



The player left for a **Business trip**, and therefore cannot go home.

Because of **Divorce** the player has lost one half of his/her cash.

If you don't know how to round one half of an odd number in case of the divorce you have evidently not (yet) gone through a divorce. Ask someone who has.)

The limitation applies to one only round, does not apply to the next round.

#### If you play with Family extension:



If **Divorced**, the player will lose one half his/her family's chips.

If informed that Gradma has died, you will lose one family chip.

If you play with Career extension:



Thanks to his/her **Promotion**, the player will obtain one career chip.

Due to Labor disputes, the player will lose one career chip.

#### List of game components

1 game board



15 wooden pieces (every player colour includes three pieces)



1 beginning player piece

154 playing cards (42x food, 32x beverages, 12x tobacco products, 50x event and 18x drug)





# Advanced and extreme version of the game

Advanced version of the game – read the list of extensions and take one of them to replace the fitness centre.

Extreme version of the game - implement two extensions at once. A place is reserved for them on the game board. Do you dare? Implement three.

The other world version – the player who died can affect events from the hereafter by taking as many event cards as if he/she were still an active player and can check them. Then he/she takes one of them out and distributes the others as usual. He/she may check and prepare cards in the course of the previous round

# Two-player game

Apply standard rules except for the following deviations:

• At the beginning, both players get just 1 *coin* + 1 *drug*.

When three discarded event cards get cumulated (one card put away in every round), these three cards will be used at the beainning of the next round for the choice of events in the current round. No one can escape his/her fate! This situation will come up after every 3rd round (i.e. after the 3<sup>rd</sup>, 6<sup>th</sup>, 9<sup>th</sup> round)

Your opponent executes the effects of the chosen cards only once at your party although he/she is both your left and right neighbour.

### List of extensions

Black market – place a new offer of 4 goods cards next to the game board at the beginning of every round (or 3 cards when 2 - 3 players are playing). The player may spend 1 🚱 to buy one of the offered goods cards. The players cannot go to the Flea market and the Black market in the same round.



If a player buys a card, an empty place is left behind, as the cards are not replenished immediately after the purchase. If there are any cards left, they have to be put away at the beginning of the next round and new ones must be drawn.

Nightlife – no matter whether you go to a pub or a smoke-filled bar, you may invite one of your mates and buy him/her some treat. You may choose any of the players and pay 1 🚱. You both will have your cancer value increase by 1 🥂 (so much for passive smoke being harmless!). The guest you have invited takes cards from the goods pile until he/she finds the first red unhealthy food/beverage card. He/she consumes it (I mean the effect of the card, of course, avoid chewing the card).



You have to pay some money for the invitation, but your friend will have a good time. The advantage is that you can invite anyone not only your neighbours. Take the cards from the supermarket stock pile and put them away to the discarded card pile at the same location. If a death occurs it has the same effects as if it happened at a party.

Flirting, infidelity, love affair or romance - whatever you call it, with this action you can visit either to your lover A)-2  $\frac{1}{2}$  +2  $\stackrel{\bullet}{\bullet}$  or a prostitute B) -1  $\stackrel{\bullet}{\odot}$  -3  $\frac{1}{2}$  +2  $\stackrel{\bullet}{\bullet}$ .

Family – if you have some time left during your hard day, it would be good to invest it in your family, one day they will pay you back for it. Spend 1 🚱 to pick up the family chip 🖪, or, as the case may be, spend 2 🚱 to get 2 family chips **[**].

Benefit acquired: Whenever you face in future any deterioration of your health condition, you may avoid any such deterioration worth 1 point by puting away 1 family chip 🖪.

Your family can help you to better withstand the blows of fate. If you experience for example Labor disputes, (or +1 **)**. The number of **F** chips is limited and it may happen that they will no longer be available. No player may collect more than 4 family chips. The number of family chips. The number of family chips F is influenced by some events (Grandma died and Divorce).

Career - has similar effects as your job. At first, it generates quite low benefits but after some time you will be flush with money. You cannot go to your office and work on developing your career in the same round.

For  $+2\sqrt{16}$ , you will get  $+2\sqrt{26}$  and 1 career chip  $\boxed{6}$ . Benefit acquired: Whenever you go to your office in the future, your pay will rise. You will get 1 🚱 more for every career chip



+2F

-26

Your career will increase your earnings at work in the future – provided you live long enough to see it. If, for example, you have 2 career chips **C**, your pay at work will be 5 **S** next time (3 basic +2 for your career).

As there is a limited number of managerial positions and career chips G, there may be a lack of them. No player may have more than 4 career chips. The number of career chips may be affected by some events (Promotion at work +1 C and Labour disputes -1 C). Unlike the F chips, the C chips are not to be put away after use.

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5 player's cards and 30 indicator chips



5 extensions - the set includes extensions, 5 other optional places





